

PHOENIX CHINESE KICKBOXING NATIONALS WEIGHT CLASSES

Age Groups and Experience Division

Kids	Youth	Adult	Kids	Youth	Adult
5-6	12-14 (Children)	18+	Beginner (< 1 year experience)	Beginner (< 1 year experience)	Beginner's (< 1 year experience)
7-9	15-17 (Juniors)		Non Beginner (> 1 year experience)	Non Beginner (> than 1 year experience)	Intermediate (1-3 years experience)
10-11					Advance (>3 years experience)

Kids Weight Classes

Weight (Kg)

- o 16 Kg. or under
- o >16 Kg - 19 Kg
- o >19 Kg - 21 Kg
- o >21 Kg - 23 Kg
- o >23 Kg - 25 Kg
- o >25 Kg - 28 Kg
- o >28 Kg - 30 Kg
- o >30 Kg - 32 Kg
- o >32 Kg - 34 Kg
- o >34 Kg - 37 Kg
- o >37 Kg - 39 Kg
- o >39 Kg - 41 Kg
- o >41 Kg - 43 Kg
- o >43 Kg - 46 Kg
- o >46 Kg

Children Weight Classes

Weight (Kg)

- o 39kg Category (Under ≤39kg)
- o 42kg Category (> 39kg—≤42kg)
- o 45kg Category (> 42kg—≤45kg)
- o 48kg Category (> 45kg—≤48kg)
- o 52kg Category (> 48kg—≤52kg)
- o 56kg Category (> 52kg—≤56kg)
- o 60kg Category (> 56kg—≤60kg)

Junior Weight Classes

Weight (Kg)

- 48kg Category (Under $\leq 48\text{kg}$)
- 52kg Category ($> 48\text{kg} - \leq 52\text{kg}$)
- 56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)
- 60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)
- 65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)
- 70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)
- 75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)
- 80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)

Adult Weight Classes

Weight (Kg)

- 48kg Category (Under $\leq 48\text{kg}$)
- 52 Kg Category ($> 48\text{kg} - \leq 52\text{kg}$)
- 56kg Category ($> 52\text{kg} - \leq 56\text{kg}$)
- 60kg Category ($> 56\text{kg} - \leq 60\text{kg}$)
- 65kg Category ($> 60\text{kg} - \leq 65\text{kg}$)
- 70kg Category ($> 65\text{kg} - \leq 70\text{kg}$)
- 75kg Category ($> 70\text{kg} - \leq 75\text{kg}$)
- 80kg Category ($> 75\text{kg} - \leq 80\text{kg}$)
- 85kg Category ($> 80\text{kg} - \leq 85\text{kg}$)
- 90kg Category ($> 85\text{kg} - \leq 90\text{kg}$)
- Over 90kg Category ($> 90\text{kg}$)